

*Celebrating 2007
International Personal and
Business Coaching Week*



SAPCA

ICF chartered chapter
INTERNATIONAL COACH FEDERATION

INVITES YOU TO

The Relationship Connection

Explore the Inside-Outside Game of Conscious Conversation

Thursday, February 8, 2007 8:00am-12:00pm

*Play the game of enhancing your
personal and professional relationships!*

Relationships! They can be your greatest source of joy and happiness or your greatest source of pain and sorrow. From intimate to professional and everything in-between, surprisingly your many relationships require the same set of skills. Satisfying relationships do not happen by chance; rather they transform and flourish through your willingness to grow and use effective life skills. The center point of this interactive workshop is the *Conscious Conversation Game*, teaching innovative skills to enhance all of your relationships. *You will:*

- **Establish** a powerful clear *intention* that allows your Authentic Self to guide constructive action.
- **Engage** in *conscious conversation* by increasing your ability to listen for what is essential.
- **Learn** the *art of tossing...* how to keep the conversation going to a gratifying conclusion.
- **Expand** your *openness to learning* to create connection, harmony and personal growth.
- **Discover** how to foster positive relationships through the fine art of *appreciation*.
- **Create** a *game plan* for significantly enhancing your important relationships.

Presented By



Kimberly Smith-Martinez, Ph.D. is a licensed psychologist and Life and Career Transitions Coach. She is committed to educating and empowering her clients to create positive change in their lives through individual and group personal coaching or individual psychotherapy.
www.envisionyourdreams.com



Chris Lucerne, PCC specializes in supporting clients to *Build Relationships that Matter* (personal and professional - groups and individuals). She is certified through the ICF as a Professional Certified Coach and through The Hendricks Institute as a Conscious Relationship and Body-Mind Vibrance Coach. www.ChrisLucerne.com

**More Coaching Week Events
See Page 2**

**Special Early Bird Rate
Until January 26th Only \$85.00
\$99.00 (from Jan. 27th — Feb 8th)**

REGISTER TODAY (See Page 3)

Event Location:

Northern Hills Country Club

13202 Scarsdale Road - San Antonio, TX 78217

Registration and Continental Breakfast 7:30-8:00am

Workshop: 8:00am-12:00pm

For more information call Angela Woodrow at 210-204-1217

*Celebrating 2007
International Personal and
Business Coaching Week*



SAPCA

ICF chartered chapter
INTERNATIONAL COACH FEDERATION

*SAPCA in Partnership with Borders Books, Music and Café
INVITES YOU TO*

The Coaching Connection

*Join us for Coffee and Conversation with San Antonio's Professional Coaches!
Five Complimentary Gatherings: February 3rd—February 7th*

Saturday, February 3rd—3:00-5:00pm

Parenting and Education

Meet coaches dedicated to supporting individuals to...

- Be the parents they know they can be.
- Explore the best educational options available for those who want a hands-on approach to their child's education.

Sunday, February 4th—2:00-4:00pm

Spiritual and Personal Growth

Meet coaches dedicated to supporting individuals to...

- Discover their purpose in life.
- Explore and discover the various ways to increase their spiritual awareness.

Monday, February 5th—6:30-8:30pm

Health And Wellness

Meet coaches dedicated to supporting individuals to...

- Reach their potential in gaining and maintaining nutritional and physical well being.
- Discover healthy alternatives to conventional medicine.

Curious about coaching and how it might benefit you? Join us for our informal gatherings and find out!

A coach is someone who helps others organize their thoughts and move through the process of setting and reaching desired goals.

Tuesday, February 6th—6:30-8:30pm

Retirement

Meet coaches dedicated to supporting individuals to...

- Set goals for a secure and joyful retirement.
- Discover ways to help plan and be proactive about retirement options.

Wednesday, February 7th—6:30-8:30pm

Small Business and Executive Coaching

Meet coaches dedicated to supporting individuals to...

- Increase their business sales.
- Develop their leadership skills/professional goals.

Grand Finale of Coaching Week The Relationship Connection

*Explore the Inside-Outside Game of
Conscious Conversation*

February 8, 2007, 8:00am-12:00pm

Northern Hills Country Club

More Information: www.sapca.org/calendar.htm

**Coaching
Conversation Events** **BORDERS®**
Being Held At:

Huebner Oaks Shopping Center
1-10 West between Huebner and DeZavala
11745 IH-10 West, Suite 110—San Antonio, TX 78230
210-561-0022

*Borders will present all guests with a 20% off coupon good for all purchases made immediately following each gathering.
Some restrictions apply

REGISTRATION FORM

The Relationship Connection

Explore the Inside-Outside Game of Conscious Conversation

Presented by the San Antonio Professional Coaches Association (SAPCA)

Thursday, February 8, 2007 - Northern Hills Country Club (13202 Scarsdale Road)

Registration and Continental Breakfast 7:30-8:00am

Workshop: 8:00am-12:00pm

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Telephone: _____

Email: (So we can send you information and reminders before the workshop)

Payment Amount: _____ \$85.00 through Friday, January 26, 2006
_____ \$99.00 January 27—February 8, 2006

Payment Method:

_____ Check (make payable to SAPCA)

_____ Visa _____ MasterCard _____ American Express

Card Number: _____ Expiration Date: _____

Name on Card: _____

Three/Four Digit CVV Number _____

(VISA & MasterCard: Last three digits on the back of card AMEX: Four digits on the front of card)

Name **exactly** as it is on card: _____

Email (If different than above):

(We must have this to process your card and send you a receipt for your payment)

Billing address for Card (if different than above)

Address: _____

City: _____ State: _____ Zip: _____

Cardholder's Signature: _____

Fax to 210-492-2166 or mail to SAPCA, P.O. Box 780114, San Antonio, TX 78278-0114

For more information, call Angela Woodrow at 210-204-1217