

SAPCA

With Gratitude!

Over the years, SAPCA has been blessed with many extraordinary members who have contributed tirelessly to supporting the organization in moving forward. We would like to acknowledge a few of them now!

Chuck Saxer has served on the Board of Directors in the position of Treasurer for many years. He has orchestrated the financial end of our organization in a most excellent way. For personal reasons, Chuck has resigned from that position. We are enormously grateful to you, Chuck ... thank you from the bottom of our hearts!

Stepping into the role as Acting Treasurer is **Michele Henkle-Irelan**, who also has contributed endlessly and with excellence to SAPCA. Thank you, Michele for once again being a giver!

Also, for personal reasons, **Fred Chavez** has resigned from the Board of Directors. We thank you Fred for your contribution!

A great big thank you to **Mike Bellomy** for stepping into the role of President for the past four months. What a wonderful job you have done, Mike, words cannot express our gratitude!

VISION

We are the premier home for South Texas coaches, creating a transformational environment conducive for being extraordinary coaches who enrich the lives we touch.

MISSION

We are a community of coaches with diverse backgrounds and skills whose purpose is to help our members bring out the best in their clients, our community, and ourselves.

VALUES

Service
Authenticity
Passion
Connectedness
Abundance

New Programs Chair

It is with a great deal of appreciation that we welcome **Susan Loveland**, one of our new members, into the role of Programs Chair. Susan brings a great amount of enthusiasm and expertise to her role and I know that you will support her in making her job easy and fulfilling. Welcome Susan!

Looking for YOU!

While coaching your clients you undoubtedly have noticed that each human being has a strong desire to make a contribution to others. As coaches we are fortunate that we get to do this every single day. Of course, you know the satisfaction that comes from that, and you also know that we only get out of something what we put into it.

As you know, we are a small organization looking to manifest the Vision that we created last year. In that, it is important that all members who possible can, actively contribute to the organization.

We will be electing new Board Members over the course of the next six weeks. You will be contacted soon by a member of the Nominating Committee. We are also looking for members to participate on a variety of committees and projects. Even a few hours a month would make a big difference. Please contact Chris Lucerne 408-7699 or chris.lucerne@prodigy.net.

SAPCA is asking for your time, your energy and your brilliance! Will you consider it? There is MORE for you at SAPCA!

What's Up With Our Own Coaches?

Congratulations to all of you for your awesome accomplishments!

Gene Hildabrand

New Business Network, based in Phoenix, AZ, has announced plans to launch operations in major markets in Texas beginning with San Antonio. Heading Texas operations will be Gene Hildabrand, Regional Director of Sales & Marketing. Gene moves from the North San Antonio Chamber of Commerce where he served for three years. *"I describe NBN as a hybrid networking organization,"* says Hildabrand. *"It's not a chamber, an association, or a leads group, but it has elements of all those."*

NBN is a member-based organization, but is unique in that memberships are free to any company. Because of the massive membership base, NBN also offers sponsorships to businesses that desire to market to small businesses and their representatives. Gene says another distinct characteristic of NBN's events is the networking training provided, *"At each event, we will proactively direct networking exercises to aid people in securing contacts and important information, but at the same time, help them to become more effective networkers."*

Details regarding upcoming meetings will be announced soon. To join NBN-SA, call 1-877-305-6886. For further information: Gene Hildabrand 210.380.4891 www.newbusinessnetwork.biz

Jayne Garrett

At the recent *Enterprising Women's Conference* put on by the North San Antonio Chamber of Commerce, Jayne Garrett was nominated for the 2004 Athena Award. She was brought on stage and recognized with a tribute. Jayne says, *"It was quite an honor to be amongst the other nominees."* The final 2004 Athena Award was given Dr. Mary Pat Moyer.

Rick Thomas

Rick Thomas recently earned the CFM (Certified Financial Manager) designation. Also, Merrill Lynch is sending Rick to the Wharton School of Business October 18-21 to attend the Financial Advisor Leadership Program.

Barbara Greene

Barbara A. F. Greene, MCC has been selected by the San Antonio Business Journal to receive the Enterprise Mentoring Leadership Award. She will be recognized at an Awards luncheon on October 15th.

David Flack

David Flack, The *Accelerator Coach*, had his just published a card deck version of his book *ADOPTING AWESOME ATTITUDES* featured at a San Diego Authors Conference last month (see <http://theacceleratorcoach.com/eBooks.html>). Later this month, *WAKE UP...LIVE THE LIFE YOU LOVE: Finding Personal Freedom* will also be published. David was a co-author of this book with Dr. Wayne Dyer, Mark Victor Hansen, and Deepak Chopra.

Many of our SAPCA Members have already become Founding Members of *FREEDOM BUILDERS-SAN ANTONIO*, which has its Grand Opening on Thursday November 4th at the OMNI Hotel. See www.FreedomBuildersSAT.com for details on how to grow your business and receive big incentives for joining before November 4th.

Judi Craig

Dr. Judi Craig, MCC has recently established a second coaching company, THE PRACTICE ADVISOR, LLC. While continuing with her executive coaching under COACH SQUARED, INC., she established the new LLC specifically to market to professionals in their practices (attorneys, CPAs, physicians, dentists, financial planners, etc.). Using a customized practice management program in which she is licensed--along with traditional coaching--she helps professionals to increase their incomes, cut their work hours, take exceptional care of their clients and have fulfilling lives.

Wendy Geisler

The Nutrition Maven is at it again!

Just wanted to share with you that, along with my busy coaching practice, my "Gourmet Power Popovers" are still going strong! In addition to the ever popular Cinnamon Raisin Variety, I recently introduced Cranberry which has proven equally popular. And, now, inspired by the upcoming holidays, I have created a Pumpkin Popover. It is YUMMY! All three varieties still offer the same incredible benefits: Approximately 26 grams of protein, 9 grams of carbs and 1.5 grams of saturated fat. They're wheat free, dairy free, and sugar free and baked FRESH to order! They FREEZE perfectly, so place your Thanksgiving orders NOW. They'd make great "client thank you gifts". Here's a thought ... why not combine them with a "Breakfast Coaching Gift Certificate?"
Call me for more info 210-823-4363 or nutritionmaven@aol.com

SAPCA CORE VALUES

Service

Service is making a difference in the well-being of our membership, community, and clients.

Authenticity

Authenticity is our "way of being" open, genuine and trustworthy.

Passion

Passion is the fuel that energizes us into being extraordinary.

Connectedness

Connectedness is the synergy of empathy, inclusivity and relatedness, which creates alignment, belonging and partnership.

Abundance

Abundance is our attitude that creates a variety of choices and possibilities through generosity and sharing.

ICF Coaching Core Competencies

The ICF Core Coaching Competencies were developed to support greater understanding about the skills and approaches used within today's coaching profession. The competencies are the foundation of the ICF Credentialing process.

To support you in continuing to integrate these competencies into your coaching business and also in articulating them to your clients or prospective clients, each month a Core Competency will be featured in this newsletter.

CORE COMPETENCY FOR OCTOBER

Powerful Questioning

Ability to ask questions that reveal the information needed for maximum benefit to the coaching relationship and the client

- ◆ Asks questions that reflect active listening and an understanding of the client's perspective,
- ◆ Asks questions that evoke discovery, insight, commitment or action (e.g., those that challenge the client's assumptions),
- ◆ Asks open-ended questions that create greater clarity, possibility or new learning
- ◆ Asks questions that move the client towards what they desire, not questions that ask for the client to justify or look backwards.

ICF Conference

The 9th Annual International Conference will be held in historic Québec City, Québec, Canada, from Thursday, Nov. 4, through Saturday, Nov. 6. Carrying the theme "*The Global Forum for the Art and Science of Coaching*," the conference will feature seven dynamic program tracks and two outstanding keynoters: Benjamin Zander, conductor of the Boston Philharmonic Orchestra, and Anita Roddick, founder of The Body Shop.

The ICF Pre-Conference, also in Québec City on Wednesday, Nov. 3, will offer four workshops: the Second Annual Coaching Research Symposium; a "Senior Coach Café" sponsored by ACTO and the ICF; and sessions led by renowned coaches Julio Olalla, MCC, and Robin Sharma.

Detailed information on conference and pre-conference sessions and presenters is now posted in the Conference Information area of the ICF website www.coachfederation.org. It's not too late to join the crowd so and sign up today! Online registration closes Oct. 22, 2004, at 11:59 p.m. U.S. Eastern Time.

San Antonio Professional Coaches Association

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Membership List (more detail at <http://sapca.org/members2.htm>)

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Next Month's Meeting

Our guest speakers next month (November 11th) are Dr. Beverly LaFond, President of the Glasser Institute Sunbelt Region and husband Lt. Col. Roger LaFond. They will offer a compelling presentation on Glasser's Choice Theory focused on identifying needs and making choices for you and your clients. This is a topic offering wide appeal, please bring a guest or two with you and remember to RSVP to Sharon Powell coachskpowell@hotmail.com by Monday, November 8th.