

## ANNOUNCEMENTS

October, 2003

www.sapca.org

# SAPCA

## Board of Directors

The election results are in and we have a new Board of Directors that will officially begin their term (or complete existing terms) in December, 2003. Please join us in congratulating our new Board.

- Chris Lucerne, President
- Mike Bellomy, President-Elect
- Chuck Saxer, Treasurer
- Poonam Sharma, Secretary
- Leslie Cardinal, Director
- Fred Chavez, Director
- Raelyn Van Pelt, Director
- David Flack, Director
- Jack Stephens, Director
- Mike Mayberry, Director
- Barbara Greene, Director
- Sue D'Ambrosio, Director

### **EXTREME APPRECIATION!**

For the board members who are completing your terms, we are incredibly grateful to you for having served us so very well. We know you have dedicated much time, attention, energy, and passion to making SAPCA what it is today. Thank you for your generosity, your talent, your professionalism and your heart!

- John Lovitt
- Michele Henkle-Irelan
- Jayne Garrett
- Cyndi Smasal

## VISION

We are the premier home for South Texas coaches, creating a transformational environment conducive for being extraordinary coaches who enrich the lives we touch.

## MISSION

We are a community of coaches with diverse backgrounds and skills whose purpose is to help our members bring out the best in their clients, our community, and ourselves.

## VALUES

Service  
Authenticity  
Passion  
Connectedness  
Abundance

## Amazing? Powerful? Inspiring?

I've been searching for just the right word to describe our second in a series of strategic planning meetings held on Friday, September 26. And then it hit me. **Transformational.** Our Vision Statement was certainly active that day. The environment was truly transformational and the discussions we had were extraordinary. SAPCA's Core Values were in full evidence without any mention or reminder that they should be.

While I am a firm believer that those who need to be present at a meeting will be, let me take this moment to encourage each of you to reconsider attending one or both of the remaining scheduled planning sessions. Come experience for yourself what a SAPCA strategic planning session can be. It's amazing, powerful, inspiring and truly transformational. And it is so because of **your** participation.

Fred R. Chavez  
Chairman, Strategic Planning

- TODAY - Thursday, October 9th 1:00 - 4:00 pm at the home of Michele Henkle-Irelan (see page 2 for directions.)
- Friday, October 31, 2003, 1:30 pm - 4:30 pm at Wayland Baptist University (see page three under Coachville Study Group for Directions.)

## SAPCA CORE VALUES

### **Service**

*Service is making a difference in the well-being of our membership, community, and clients.*

### **Authenticity**

*Authenticity is our "way of being" open, genuine and trustworthy.*

### **Passion**

*Passion is the fuel that energizes us into being extraordinary.*

### **Connectedness**

*Connectedness is the synergy of empathy, inclusivity and relatedness, which creates alignment, belonging and partnership.*

### **Abundance**

*Abundance is our attitude that creates a variety of choices and possibilities through generosity and sharing.*

### **Join us ....**

Now that we have discovered our core values, we want to breathe life into them making them part of our everyday experience at SAPCA.

In support of this we invite you to join us in raising your awareness around our values. Contemplate each one and see how it fits for you. As a valued member of SAPCA, how would like to demonstrate each of these Core Values? Over the course of the coming months we will be featuring one core value each month. Please join us in placing extra emphasis on "Connectedness" this month?

## **Core Value of the Month:**

### **Connectedness**

*Abraham Maslow in his Hierarchy of Needs identified "belonging" as one of the fundamental needs of a human being. Belonging is what we seek, and it is also what we can give. We can do that through expressing our core value "connectedness". When we are coming from a place that seeks relatedness and employs deep listening and empathy, the possibility of manifesting connectedness exists.*

*As coaches we frequently experience many moments of connectedness with our clients ... you know, those moments when you truly "get them" and they know that you "get them." So, this is a sacred and intimate space where relationship is deepened.*

*We have the opportunity to manifest connectedness in all of our relationships including those with our colleagues at SAPCA. Imagine increasing our frequency of connectedness. What would be possible for us then?*

*Warm regards,  
Chris Lucerne, President-Elect*

## **STRATEGIC PLANNING TODAY - DIRECTIONS**

**Directions to the Home of Michele Henkle-Irelan:** Get onto 1604 in whatever way works best for you. Exit 1604 at the Stone Oak Parkway exit. (First exit west of Hwy 281) Go north (outside loop 1604) on Stone Oak Parkway. There are a number of stoplights you will pass through – Sonterra Parkway, North Central Baptist Hospital, Huebner, Knight's Crossing. After Knight's Crossing you will go up a hill, and then down a hill and stop at a stop sign. Continue on along Stone Oak to the next street. You will see Los Lomas on the right, and Crooked Arrow on the left (with a large brick subdivision sign saying ARROWHEAD). Turn left onto Crooked Arrow and follow the street to the top of the hill. It will "T" into Flying Arrow. Turn left onto Flying Arrow. We are about the fifth house on the right. Beige stucco, with a black rod iron fence about eight feet up of the street. The address is 25011 Flying Arrow – 497-7598. Call if you get lost. (There are lots of street in this subdivision ending in arrow)

# SAPCA Meetings November and December

<p style="text-align: center;"><b>NOVEMBER</b> <b>Joint Meeting with ASTD</b></p> <p>Includes a Silent Auction, Dinner, and Presentation. Look for more information via email this month.</p> <p>Wednesday, November 19th 6:00 p.m. DoubleTree Hotel by North Star Mall</p> <p><i>Note:</i> This event replaces the regular second Thursday (November 13th) meeting which conflicts with the ICF Annual Conference.</p>	<p><b>WOULD YOU LIKE TO PARTICIPATE IN THE ASTD SILENT AUCTION?</b></p> <p>You are invited to participate in the ASTD Annual Silent Auction to support the <i>Keeper of the Flame Scholarship</i>. Please send an email with your auction item to Cyndi Smasal by October 13th.</p> <p><a href="mailto:cyndi@jumpstartcoach.com">cyndi@jumpstartcoach.com</a></p>	<p style="text-align: center;"><b>DECEMBER</b> Thursday, December 11th</p> <p><b>SAPCA Membership:</b> 7:00 - 9:00 a.m. (Extended Meeting) <i>Agenda includes:</i></p> <ul style="list-style-type: none"> <li>• A number of our members will just be returning from the Annual ICF Convention. They will be bringing back exciting news that you won't want to miss.</li> <li>• Introduction of SAPCA's Strategic Plan. How we will go forward to manifest our vision.</li> </ul> <p><b>SAPCA Board of Directors:</b> 9:15 - 11:15 a.m.</p>
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## Coachville Study Group

**Study Group: Third Saturday of each month**  
**October 18th - 10:00 a.m. until 11:30 a.m.**

**This Month's Topic: 15 Clarifiers**

In order to know which of the 15 proficiencies to use at any given time, the coach needs to know, and sort through, what they are hearing. Thus the 15 Clarifiers which help the coach know the nature of what they are hearing and guides them to select the most important element of what they are hearing. Once this is clear (it can take just a millisecond), the coach will naturally choose the most fitting of the 15 Proficiencies. The Coaching **Proficiencies** covered in September are the engine of the coaching process; this is what the coach spends 90% of his/her time doing during a typical coaching call.)  
<http://www.coachville.com/15clarifiers.html>

*Our goal is to make this group fun, insightful and worthy of your time.*

**Questions? Contact your Co-Facilitators:**  
David Flack (210) 492-0410 [dflack@satx.rr.com](mailto:dflack@satx.rr.com)  
Jack Stephens (210) 590-6878 [jack@invvest.com](mailto:jack@invvest.com)

**Directions:** Room 110 - Wayland Baptist University- San Antonio Campus at 11550 IH 35 North located off of the North bound service road of IH-35, about 3 exits inside Loop 1604. There is only one building on the campus. Traveling north on I-35, take the Weidner exit, go through the light and watch for the Wayland sign, it is just past Teachers Credit Union. Traveling South on I-35 take the Weidner exit and do a turnaround so that you are heading North on the access road. Save time and go in the back entrance.

## Congratulations! Way to go ...

**Barbara Green:** During the month of October, Barbara is being awarded Mentor of the Year by the National Association of Women Business Owners (NAWBO). She was also recently awarded a very large contract to provide Career Transition Services to Philips Semiconductor's 500 employees. She says "it has been an awesome project that demonstrated outstanding leadership and partnership between a big international company and a small business."

**Lynise Harris:** "An article I wrote, entitled *A Perfect Lesson from South Africa* will be published in a book, tentatively entitled: *Open My Eyes, Open My Soul* to be published by McGraw-Hill Books by late fall 2003 or early 2004."

**Jayne Garrett:** Jayne has recently published her new book, *Adventures in Menopause ... a Lighthearted Guide to Surviving the MemoMonsters*. [www.menomonsters.com](http://www.menomonsters.com).

## Mike Bellomy Appointed to ICF Regulatory Committee

*It is an honor to represent our professional coaches association on the ICF regulatory committee. In my previous career with SBC, I personally presented proposals and defended a variety of SBC positions before the Texas Public Utility Commission in Austin and the Federal Communications Commission in Washington. Many times legislation is enacted by those who are either not informed or misinformed regarding the "real" issues associated with a legislative proposal. A few states are considering regulation of "coaching" as an extension of the mental health industry. This has implications that we do not believe are in the interest of our clients, potential clients and the coaching community "at large". It is clear that "professional coaching" will undergo careful scrutiny in a number of regulatory forums as our profession continues to develop into a dynamic force in the business success and personal development. The ICF desires to proactively communicate our professional commitment and objective positioning in the marketplace to regulators who may consider legislation that would impact our profession.*

*My experience with regulators and my desire to see professional coaching develop into its full potential for serving business and individual growth has prompted me to volunteer to represent you on this important ICF initiative. I will prepare a monthly regulatory summary status and may be calling on you to provide input to the regulatory process. I appreciate your support in this important endeavor. Sincerely, Mike Bellomy, Incoming President-Elect*

## San Antonio Professional Coaches Association (SAPCA) - ICF Chapter

Lockhill Station Post Office Box 780114 - San Antonio, TX 78278-0114

**Membership List - 37 Members** (more detail at <http://sapca.org/members2.htm>)

Jim Antenen (**Honorary Member**) jimantenen@earthlink.net 826-7595 ext. 230  
Caterina Nur Arends Caterina@highervisioncoaching.com 492-6882  
Dee Dee Aspell (**Honorary Member**) deedee@aspell.com 930-4664  
Mike Bellomy mike@mountaintop-life.com 830-230-5395  
Edie Schnaitter Britton ediebritton@aol.com 830-980-6684  
Deb Buehler, New Affiliate Member debbuehler@hotmail.com 402-4052  
Leslie Cardinal – **Special Events Chair & Board Director** Leslie@LeslieCardinal.com 496-3304  
Fred Chavez – **Strategic Planning Chair** FChavez445@aol.com **New Phone** 731-9563  
Dick Copeland coaching@RichardCopeland.com 822-9269  
Judi Craig judi@coachsquard.com 824-3391  
Linda Crum, New Associate Member lcrainer@aol.com 490-4742  
Ian Dahlgard iancoach@aol.com 692-0543  
Sue D'Ambrosio – **Resources Chair & Board Director** sdambrosio@satx.rr.com 650-5470  
Susan Dunn [sdunn@susandunn.cc](mailto:sdunn@susandunn.cc) 496-0678  
David Flack – **Past President/Communications Chair** DFLACK@satx.rr.com 492-0410  
Jayne Garrett – **Board Director** [jayne@jaynegarrett.com](mailto:jayne@jaynegarrett.com) 490-6106  
Wendy Geisler, New Active Member nutritionmaven@aol.com 823-4363  
Michelle Glenn taproutes@aol.com 492-2057  
Barbara Greene- **Board Director** barbara.greene@greeneandassociates.net 366-8768  
Amy Gwin amy@gwincoaching.com 826-0360  
Lynise Harris, New Active Member Lkxhomo@aol.com 393-4145  
Gene Hildabrand, New Associate Member Gene@northsachamber.com 384-7726  
Michele Henkle Irelan – **Board Director** Michele@SuccessWorks.com 497-7589  
Pratima Jyothi (first Student Member) pratimajyot@yahoo.com 616-0494  
John Lovitt – **President** john@lovitt.org 364-8025  
Chris Lucerne – **President-Elect** chris.lucerne@prodigy.net 408-7699  
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Sharon Powell - **Membership Chair** Sharon\_Powell@capgroup.com 647-0645  
Keith Rolle lambi78250@yahoo.com 264-5919  
Chuck Saxer – **Treasurer new Email:** [csaxer@o-l-d.com](mailto:csaxer@o-l-d.com) 408-1032  
Poonam Sharma sharmap@flash.net 493-6554  
Sue Simpson, New Associate Member suesimpson@ev1.net 930-1020  
Cyndi Smasal – **Prof. Dev. & Programs Chair/Board Director** csmasal@CyndiSmasal.com  
512-847-6888 or 834-4590  
Jack Stephens – **Board Director** jack@invest.com 590-6878  
Rick Thomas – **Nominations new Email:** richard\_t\_thomas@ml.com 490-5170  
Raelyn Van Pelt, New Active Member vanpelt@sbcglobal.net 683-6360  
Blaine Wilson, New Active Member coach@fitcare.net (830) 377-4925