

SAPCA

CONTINUE YOUR EDUCATION

ICF Annual Conference Audio Tapes and Tradeshow Binder

For your continued coaching education and enjoyment you may check out all 57 audio tapes from the 2003 Annual Conference. See Sue D'Ambrosio 30 minutes prior to (or after) the monthly meetings. Small one-time fee of \$20. Also available the entire set of handouts from the conference on CD for \$5.00. Both available only to SAPCA Members. Take a look at the ICF Tradeshow Binder, which includes handouts and information from a majority of the booths at the 2003 ICF Conference.

MARCH SAPCA MEETING

"Ethics: The Essence of Coaching Professionalism"

Presented by Michele Henkle Ireland, PCC and Chris Lucerne, PCC

"Ethics is obedience to the unenforceable; a continuum defined by a sense of duty and focus on the public good -- doing right where there is no one to make you do it but yourself." ~Lord Moulton

You don't have to look very far to notice that ethics, or the lack thereof, is a hot topic!

Many companies and professions are being challenged to take a hard look at their ethical standards. Similarly, near and dear to the heart of coaching is the subject of personal integrity, which includes ethical

VISION

We are the premier home for South Texas coaches, creating a transformational environment conducive for being extraordinary coaches who enrich the lives we touch.

MISSION

We are a community of coaches with diverse backgrounds and skills whose purpose is to help our members bring out the best in their clients, our community, and ourselves.

VALUES

Service
Authenticity
Passion
Connectedness
Abundance

behavior. As professional coaches, we are continually coaching clients toward behavior that creates the highest sense of personal responsibility and integrity. We endeavor to "walk our talk" and be extraordinary role models for our clients, so it makes sense to be in alignment with our own ethical standards.

So, what are they? Please join us at SAPCA's March 11th meeting for a lively interactive session on the subject of ethics. The ICF has done a stellar job of clearly defining a Code of Ethics for the coaching profession. "Ethics" can sometimes be intimidating when we are uncertain about just what they are. However, they become empowering when we get very clear on the subject.

At our breakfast meeting, you will:

- Discover how ethics are the framework of operating your business.
- See how ethics are the "being" of coaching – how you "be" as a professional coach.
- Learn how (through your knowledge of ethics) to protect yourself and your profession.
- Relate to how your personal choices and behavior keep your profession independent and self-regulated.
- Explore some ethical issues within the Coaching Profession.
- Realize how more-and-more people look to the ICF to find a coach, and how the ICF Code of Ethics will be a real expectation of clients from their professional coach.

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EARLY REGISTRATION OPEN FOR ICF ANNUAL CONFERENCE

EARLY REGISTRATION DEADLINE
APRIL 30, 2004

"The Global Forum for the Art and Science of Coaching"

November 4, 5 and 6, 2004
Quebec City, Quebec, Canada.

ICF Members early registration with a three-month payment plan: \$549 (\$183 per month). Or, make one payment of \$529. Non ICF members pay \$599.

REQUEST FOR PROPOSAL

The ICF invites all interested speakers to submit a proposal to present at the 2004 ICF Annual Conference in Quebec City.

Go to www.coachfederation.org to register or get information for submitting an RFP.

LEADERSHIP LOOP '04

*San Antonio Women's Chamber of Commerce and
Our Lady of the Lake University presents:*

Leadership Loop '04 Professional Development Series for Women

Enhance your leadership skills through this four-session program. Sessions taught by OLLU professors and community business leaders.

- Feb. 26 - On My Way to Effective Leadership
- Mar. 25 - Communications, Sales and Development
- Apr. 15 - Business Leadership Nuts and Bolts
- May 27 - Leadership in Business Panel and Graduation Ceremony

\$250.00. Call 210/299-2636 for information.

MARCH SAPCA MEETING

Thursday, March 11, 2004
Quicksands Cafe' and Bakery, 7:00 - 8:30 a.m.

Members and Guests please RSVP to Sharon Powell, Membership Chair, at COACHSKPowell@hotmail.com by Monday, March 8th

QUICKSANDS Café & Bakery at 502 Embassy Row #109 - San Antonio, TX 78216 (496-2233), between West Avenue and 281N, and W. Bitters Road and Interpark and across from the Santikos Embassy 14 Theatres.

ICF LEADERS PLAN EXCITING NEW INITIATIVES FOR 2004

Barbara Walton, President of the ICF outlines five endeavors for 2004 in January Coaching World:

- Upgrading the business practices of our organization.
- Continuing to create sustainable models for ethics, regulatory issues and credentialing to support professional coaches around the world.
- Initiating a plan for levels of membership within ICF, which will acknowledge those professionals who have committed themselves to coaching education and to the credentialing process.
- Stepping strongly in the direction of a truly international annual conference. The 9th Annual ICF Conference, which will be held Nov. 4-6, 2004, in Quebec City, Canada, continues to tie the conference to North American soil, although we are taking some exciting steps to ensure that the event is multi-lingual and attractive to professional coaches everywhere.
- Creating a charitable foundation that will serve many purposes. The foundation's most important role would be to bring coaching and coach training to those who otherwise would not be able to afford or access these. Additionally, the foundation will allow ICF to gather financial resources to support the vital process of building a body of research on coaching theory, methodologies and outcomes.

SAPCA CORE VALUES

Service

Service is making a difference in the well-being of our membership, community, and clients.

Authenticity

Authenticity is our “way of being” open, genuine and trustworthy.

Passion

Passion is the fuel that energizes us into being extraordinary.

Connectedness

Connectedness is the synergy of empathy, inclusivity and relatedness, which creates alignment, belonging and partnership.

Abundance

Abundance is our attitude that creates a variety of choices and possibilities through generosity and sharing.

ICF COACHING CORE COMPETENCIES

The ICF Core Coaching Competencies were developed to support greater understanding about the skills and approaches used within today's coaching profession. The competencies are the foundation of the ICF Credentialing process.

To support you in continuing to integrate these competencies into your coaching business and also in articulating them to your clients or prospective clients, each month a Core Competency will be featured in this newsletter. Also, some (if not all) of our monthly programs will include reinforcing the Coaching Core Competencies. We will apply for CCE Credits for those meetings.

CORE COMPETENCY FOR FEBRUARY

SETTING THE FOUNDATION

Establishing the Coaching Agreement

The ability to understand what is required in the specific coaching interaction and to come to agreement with the prospective and new client about the coaching process and relationship:

- a. *Understands and effectively discusses with the client the guidelines and specific parameters of the coaching relationship (e.g., logistics, fees, scheduling, inclusion of others if appropriate).*
- b. *Reaches agreement about what is appropriate in the relationship and what is not, what is and is not being offered, and about the client's and coach's responsibilities.*
- c. *Determines whether there is an effective match between his/her coaching method and the needs of the prospective client.*

CONTRIBUTING TO THE COMMUNITY!

Barbara A. F. Greene, CEO of Greene and Associates is the Co-Chair of the National Association of Women Business Owners (NAWBO) – San Antonio Chapter teen entrepreneurial program **An Income of Her Own**. On February 5th 120 high school women participated in an awesome day to learn more about owning their own business. Barbara has served as the Co-Chair for two years and as a committee member since its beginning four years ago.

SAN ANTONIO PROFESSIONAL COACHES ASSOCIATION (SAPCA) - ICF CHAPTER

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COACHVILLE STUDY GROUP

No charge, no dues, no hassle!

Third Saturday of each month

February 21st, 10:30 a.m. - 12:00 p.m.

This Month's Topic: Basic, Intermediate, and Advanced Coaching Models

In 2003, we looked at Coaching Proficiencies, Life Frameworks, Client Deliverables, Listening Clarifiers and Communication Style Points, along with Primary Relationships. We are now moving into an ongoing study of other coaching models.

Our goal is to make this group fun, insightful and worthy of your time.

Questions? Contact Your Co-Facilitators:

David Flack (210) 492-0410 dflack@satx.rr.com ... www.theacceleratorcoach.com

Jack Stephens (210) 590-6878 jack@invest.com ... <http://invest.com/>

Directions: Room 110 - Wayland Baptist University- San Antonio Campus at 11550 IH 35 North located off of the North bound service road of IH-35, about 3 exits inside Loop 1604. There is only one building on the campus. Traveling north on I-35, take the Weidner exit, go through the light and watch for the Wayland sign, it is just past Teachers Credit Union. Traveling South on I-35 take the Weidner exit and do a turnaround so that you are heading North on the access road.