

# SAPCA

## Coaching Week 2005

***"Creating Powerful Collaborative Relationships"*** is the topic of the San Antonio Professional Coaches Association event being created to celebrate International Personal and Business Coaching Week 2005 (See attached flyer).

The desired outcomes for this event are: Visibility for coaching, SAPCA, and SAPCA members in San Antonio; fundraiser for SAPCA; professional development for coaches as well as the other participants; attract people interested in coaching or in becoming coaches (prospective members); opportunity for SAPCA members to become better acquainted and develop deeper relationships with each other.

Coaching Week belongs to YOU and we invite you to participate:

- ◆ First and foremost, register today to attend the event.
- ◆ Extend an invitation to your circle of influence and follow up with a phone call.
- ◆ Hand out or post flyers in places that will attract our target audience (see flyer).
- ◆ Contribute something to the raffle being held during the event and secure raffle contributions from other businesses.
- ◆ Bring guests with you to the event. For every guest who attends at your invitation, you will be awarded one raffle ticket!
- ◆ Submit information about you and your coaching business to be included in a flyer handed out to the participants at the event (details of how and what to submit to follow).

### VISION

We are the premier home for South Texas coaches, creating a transformational environment conducive for being extraordinary coaches who enrich the lives we touch.

### MISSION

We are a community of coaches with diverse backgrounds and skills whose purpose is to help our members bring out the best in their clients, our community, and ourselves.

### VALUES

Service  
Authenticity  
Passion  
Connectedness  
Abundance

## From the President

Dear San Antonio Professional Coaches,

Professional Coaching will take quantum leaps in 2005! Until now, there has been significant confusion in the marketplace.

- ◆ Few prospective Clients really know what coaching is, how it might be of benefit them, or how to choose a competent coach.
- ◆ Coaches themselves are confused about the educational and credentialing standards for our industry.
- ◆ Too many of our members struggle to make a viable living as a coach.

This association is committed to build, support and preserve the integrity of the coaching profession and to ensure public confidence in the profession. As an association of coaches, we are committed to recognized standards of excellence, professionalism and self-governance.

Thus far the ICF has established and actively works to further develop the following foundational pieces of coaching professionalism:

- ◆ Core Competencies
- ◆ A Code of Ethics
- ◆ Professional Oversight
- ◆ Professional Coach Credentialing
- ◆ Professional Coach Training Accreditation
- ◆ On-Going Self-Regulatory Oversight

It is upon this ICF foundation plus the local work of those who have contributed so generously to our chapter establishing our handbook, programs, communication, visioning, strategic plan, serving as officers and directors plus the faithfulness of all our members that the San Antonio Professional Coaches Association embraces 2005 as the "Year of Action"!

I am excited about what is ahead for us! It is an honor to be part of this incredible organization.

Sincerely,  
Mike Bellomy  
President  
S.A. Professional Coaches Association

# What's Up With Our Own Coaches?

*Congratulations to all of you for your awesome accomplishments!*

## David Flack

David's author copies have been received, and will be in bookstores in February (major promotion in March); he co-authored this book with Deepak Chopra, Dr. Wayne Dyer and Mark Victor Hansen: **Wake Up...Live The Life You Love: Finding Personal Freedom**. Previous books in this **Wake Up...**series have become #1 bestsellers. This is a perfect complement to his other book, **Adopting Awesome Attitudes**, available at <http://TheAcceleratorCoach.com/eBooks.html> in both eBook and Mem-Cards formats.

**FREEDOM BUILDERS IS GROWING!** This membership Business Success System that David brought to San Antonio is on the move, with new Founding GOLD VIP Members including eight of our own: **Sharon Powell, Michele Henkle Ireland, Mike Mayberry, Ed Bierschenk, Mike Bellomy, Wendy Geisler, Gene Hildabrand and Jayne Garrett**. Come to the next Preview on **Thursday, January 27th from 9:30am – 11am at the Jefferson Bank STONE OAK Boardroom (Sharon Powell, HOST)** to find out all the details, or call David at 872-5490 (<http://www.FreedomBuildersSAT.com> for scheduling). Members across the country are earning 6-to-7 figure incomes with these powerful technologies! Public Grand Opening Launch will be **February 18th at the OMNI Hotel**.

## Gene Hildabrand

Kicking off the New Year for Boerne business owners, Gene Hildabrand helps local executives learn the importance of networking. In a presentation January 28 (8:30-11:30am) at the Holiday Inn Express in Boerne, Hildabrand will be teaching attendees specific techniques that will improve the results of networking activities.

This event is one of four Quarterly Roundtable Events scheduled by the Boerne Chamber throughout each year for its members.

Gene will also share his techniques with attendees of the Boerne Chamber's January 25, 2005 networking breakfast at Fair Oaks Ranch Country Club at 7 a.m.

To attend either event, please make your reservation by calling the Boerne Chamber at 830.249.8000.

## Barbara Greene

Barbara Greene is this year's Chairperson for the **NAWBO-SA's Annual Conference, "Running Your Business, Running Your Life"** on Friday, January 21 from 7:30am-1:00pm at the Club at Sonterra. She would like to invite you to this very exciting program, with six different sessions and two amazing keynote speakers! Registration deadline for this event is January 14, 2005. Exhibit tables are available. For more information call 210-492-1887 or email [info@nawbo-sa.org](mailto:info@nawbo-sa.org)

## Janet Bonnin

**WHAT'S CLUTTERING YOUR LIFE?** Whether it's bulging closets, old emotional baggage or over-loaded schedules, many of us face an over-crowded life that frustrates us and saps our energy. Join **Simple Journeys Life Coaching** founder Janet Bonnin in this fun and intriguing look at the many types of *clutter* in our lives. We will learn some simple but effective steps to rid ourselves of *clutter* and prevent its return. The workshop will be held at St. Peter's Catholic Church in Boerne on Saturday, February 5, 2004 from 1:30-4:00 PM. Suggested donation for this workshop is \$15 per person, \$20 per couple. Call Janet Bonnin at 830.249.9785 to register or for more information.

## Irene Maxfield

Irene Maxfield recently received the Project Management Professional (PMP) certification from the Project Management Institute, the foremost authority supporting the global community of project management practitioners. Earning this designation requires completing classes covering the nine knowledge areas of project management, 4,500 of documented project management experience, and the passing of a rigorous written exam. Combining the PMP with her MBA-Marketing (Univ of Missouri, 1991) allows for a broader and deeper view from which to provide consulting services to business clients.

## Request from John Lovitt

I have 8 Facilitator Manuals for the Coaching Clinic that are for sale. I paid approximately \$150.00 each (included shipping) and will let them go for \$95.00 each. Email me at [john@lovitt.org](mailto:john@lovitt.org), or call me at 364-8025. Thanks.

## SAPCA CORE VALUES

### **Service**

*Service is making a difference in the well-being of our membership, community, and clients.*

### **Authenticity**

*Authenticity is our "way of being" open, genuine and trustworthy.*

### **Passion**

*Passion is the fuel that energizes us into being extraordinary.*

### **Connectedness**

*Connectedness is the synergy of empathy, inclusivity and relatedness, which creates alignment, belonging and partnership.*

### **Abundance**

*Abundance is our attitude that creates a variety of choices and possibilities through generosity and sharing.*

## ICF Coaching Core Competencies

The ICF Core Coaching Competencies were developed to support greater understanding about the skills and approaches used within today's coaching profession. The competencies are the foundation of the ICF Credentialing process.

### **CORE COMPETENCY FOR JANUARY**

#### **FACILITATING LEARNING AND RESULTS Designing Actions**

Ability to create with the client opportunities for ongoing learning, during coaching and in work/life situations, and for taking new actions that will most effectively lead to agreed-upon coaching results

- ◆ Brainstorms and assists the client to define actions that will enable the client to demonstrate, practice and deepen new learning,
- ◆ Helps the client to focus on and systematically explore specific concerns and opportunities that are central to agreed-upon coaching goals,
- ◆ Engages the client to explore alternative ideas and solutions, to evaluate options, and to make related decisions,
- ◆ Promotes active experimentation and self-discovery, where the client applies what has been discussed and learned during sessions immediately afterwards in his/her work or life setting,
- ◆ Celebrates client successes and capabilities for future growth,
- ◆ Challenges client's assumptions and perspectives to provoke new ideas and find new possibilities for action,
- ◆ Advocates or brings forward points of view that are aligned with client goals and, without attachment, engages the client to consider them,
- ◆ Helps the client "Do It Now" during the coaching session, providing immediate support,
- ◆ Encourages stretches and challenges but also a comfortable pace of learning.

## Bring the Conference to Your Home

SAPCA has purchased and is making available to our members, the 2004 ICF Conference Tapes for your enjoyment and enlightenment. Sue D'Ambrosio will have the tapes available for you to sign out before and after each meeting. The annual membership fee in the tape library is \$20.00, payable to SAPCA. Borrowers may select a full topic per speaker each month (one to three tapes) or two topics if a presentation is on a single tape. A list of available topics is available at the January Meeting so you can plan your listening for the year. ICF 2003 conference tapes are also still available. Leslie Cardinal took advantage of this benefit of membership in SAPCA, and has listened to nearly all of the 2003 ICF Conference speakers in the comfort of her home and car. Congratulations, Leslie!"

# San Antonio Professional Coaches Association

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