

ANNOUNCEMENTS

January, 2004

www.sapca.org

SAPCA

CHECK IT OUT

ICF Annual Conference Audio Tapes and Tradeshow Binder

For your continued coaching education and enjoyment you may check out all 57 audio tapes from the 2003 Annual Conference. See Sue D'Ambrosio 30 minutes prior to (or after) the monthly meetings. Small one-time fee of \$20. Available only to SAPCA Members. Also take a look at the ICF Tradeshow Binder, which includes handouts and information from a majority of the booths at the 2003 ICF Conference.

N.A.W.B.O.

Succeed in Business Conference

3 Critical Elements to Growing Your Business

Marketing, Public Relations and Branding

Industry experts provide the answers you've asked for:

- ◆ Suzanne Pease, National President of NAWBO
- ◆ Chuck Anderson, CEO, Anderson Marketing Group
- ◆ Jim Dublin, CEO, Dublin & Assoc.

Friday, January 16th, 7:30-11:30 a.m.
St. Anthony Hotel

Register by Friday, January 9th
www.nawbo-sa.com - Free Site Registration
Log in and click on events.

VISION

We are the premier home for South Texas coaches, creating a transformational environment conducive for being extraordinary coaches who enrich the lives we touch.

MISSION

We are a community of coaches with diverse backgrounds and skills whose purpose is to help our members bring out the best in their clients, our community, and ourselves.

VALUES

Service
Authenticity
Passion
Connectedness
Abundance

MARK YOUR CALENDARS

Strategic/Operational Planning Meeting: Friday, January 30th from 1:30 - 4:30 at Wayland Baptist University (directions on page three).

International Coaching Week 2004 ... "The Confident Communicator" featuring Janice Dean, Presentation Skills Coach. Saturday, February 7th 9:00 a.m. -4:00 p.m. (details on page four).

"Ethics: The Essence of Coaching Professionalism" Presented by Michele Henkle Irellan, PCC and Chris Lucerne, PCC. Thursday, March 11, 2004 7:00 a.m. - 8:30 a.m. ... Quicksands Cafe.

Annual ICF Conference: "The Global Forum for the Art and Science of Coaching" on November 4, 5 and 6, 2004, being held in Quebec City, Quebec, Canada. The best discounts for registration will be available beginning in January ... look for details in Coaching World, the ICF monthly ezine.

SAPCA CORE VALUES

Service

Service is making a difference in the well-being of our membership, community, and clients.

Authenticity

Authenticity is our "way of being" open, genuine and trustworthy.

Passion

Passion is the fuel that energizes us into being extraordinary.

Connectedness

Connectedness is the synergy of empathy, inclusivity and relatedness, which creates alignment, belonging and partnership.

Abundance

Abundance is our attitude that creates a variety of choices and possibilities through generosity and sharing.

ICF COACHING CORE COMPETENCIES

The following is a list of the ICF's eleven core coaching competencies, which were developed to support greater understanding about the skills and approaches used within today's coaching profession. The competencies are the foundation of the ICF Credentialing process.

As coaches who continually strive to support our profession, it is imperative that we all be on the same page with the answer to the question, "what is coaching?" A critical part of that answer lies in the skills that we all share ... the Coaching Core Competencies. To support you in continuing to integrate these competencies into your coaching business and also in articulating them to your clients or prospective clients, each month a Core Competency will be featured in the newsletter. Also, some (if not all) of our monthly programs will include reinforcing the Coaching Core Competencies.

SETTING THE FOUNDATION

1. Meeting ethical guidelines and professional standards
2. Establishing the Coaching Agreement

CO-CREATING THE RELATIONSHIP

3. Establishing trust and intimacy with the client
4. Coaching presence

COMMUNICATING EFFECTIVELY

5. Active listening
6. Powerful Questioning
7. Direct Communication

FACILITATING LEARNING AND RESULTS

8. Creating awareness
9. Designing actions
10. Planning and goal setting
11. Managing progress and accountability

CONGRATULATIONS LYNISE!

Lynise Harris is featured in the book *Open My Eyes, Open My Soul: Celebrating Our Common Humanity* by Yolanda King (first child of Dr. Martin Luther King, Jr.) and Flodia Tate. This is a collection of soul-inspiring stories now available at Amazon.com. In the forward of this book, Coretta Scott King (widow of Dr. Martin Luther King, Jr.) says:

"These stories and poems illuminate the lives of people struggling to make meaningful connections by reaching out with courage and love across the chasms of race, religion, culture, boundaries, and other man-made barriers. . . . Learn the empowering lessons of unconditional love, hope, and healing herein, and know that you too have a vital contribution to make to the creation of the Beloved Community."

SAN ANTONIO PROFESSIONAL COACHES ASSOCIATION (SAPCA) - ICF CHAPTER

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Membership List (more detail at <http://sapca.org/members2.htm>) **Note:** Updated email/phone numbers in boldface.

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COACHVILLE STUDY GROUP

Third Saturday of each month
January 17th, 10:30 a.m. - 12:00 p.m. (new time)

This Month's Topic: **15 Coaching Communication StylePoints**

<http://www.coachville.com/15style.html>

How you come across and interact/relate with your client can accelerate or slow down the coaching process. We've identified 15 aspects of communication that we call the StylePoints. Each of these 15 StylePoints can help you become a more effective coach by tweaking your coaching communication style.

Our goal is to make this group fun, insightful and worthy of your time.

Questions? Contact Your Co-Facilitators: David Flack (210) 492-0410 dflack@satx.rr.com
Jack Stephens (210) 590-6878 jack@invvest.com

Directions: Room 110 - Wayland Baptist University- San Antonio Campus at 11550 IH 35 North located off of the North bound service road of IH-35, about 3 exits inside Loop 1604. There is only one building on the campus. Traveling north on I-35, take the Weidner exit, go through the light and watch for the Wayland sign, it is just past Teachers Credit Union. Traveling South on I-35 take the Weidner exit and do a turnaround so that you are heading North on the access road.