

Review of Borders Workshop Event

The Art of Transformational Possibility *And* The Paradox of Choice

Presented by David Flack, The Accelerator Coach

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Review Written by:
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The Art of Possibility by Rosamund and Benjamin Zander and *The Paradox of Choice* by Barry Schwartz were the two books featured at the September SAPCA-Borders two-hour workshop event. David Flack, this month's presenter, focused on how one can practice the art of possibility and positive choice.

The handouts were extensive. David spent time covering the various coaching niches and how an individual can connect with, and benefit from engaging in relationship with a SAPCA coach. Another handout highlighted nine environments in which an individual would use a coach to effectively increase their mind and skill set. This gave all participating in the event a good place to launch into the small group conversations that filled the evening.



David challenged the group to get past assumptions, measurements and re-frame one's focus on the positive possibilities and outcomes.

There were great inspirational quotes like: *"While you can't go back and start over from the beginning, you can begin from now and make a new ending."* and *"Forget the 'how' (for now) and thrive (instead of strive) in deeper possibilities."* These quotes and other interesting sayings got the small groups deep into conversation.

Borders Book Store offers a rich environment of activities and shoppers that often contributes to the ambience of the presentation. Many activities seemed to contribute this evening, and David did a great job of staying focused and keeping the group engaged in conversation about stepping into possibility... and interesting dialog on the deeper meaning of the choices we make.

David Flack, The *Accelerator Coach*, has been altering lives without apology for over thirty years. He *accelerates* individual and company productivity, profitability and possibility for being extraordinary with his skills as a professional coach, management consultant, and group facilitator. A native Texan, he has worked in and with over forty industry groups and businesses across the world, and is joyfully jobless as a business owner and serial entrepreneur. He is past president of the San Antonio Professional Coaches Association and the American Society for Training & Development. His third book comes out in September, and you can visit his web site at www.TheAcceleratorCoach.com